

Did you know...

There is a very good chance that your neighborhood will be on its own during the early stages following a catastrophic disaster.

Emergency services will be stretched so thin that it will be impossible to assist all those in need. After a catastrophic disaster, citizens will volunteer to help. Without proper training, these people can be exposed to potential injury and even death!

Experience has shown that basic training in disaster survival and rescue skills improves the ability of citizens to survive until responders or other assistance arrives.

Anyone with an interest in helping our community who is over the age of 18 can join. Any skill level is welcome.

If you would like to join the Pelham NH Community Response Team or would like more information, please visit us at www.pelhamnhcert.org and click on the link to join. A CERT Member will be in touch with you regarding the next class

Get Involved!



www.pelhamnhcert.org

60 OLD BRIDGE STREET NORTH

PELHAM, NEW HAMPSHIRE 03076

Volunteer NH!



www.citizencorps.org



The Pelham Community Emergency Response Team (CERT) began in June of 2003 with the distinction of being the very first class from NH to graduate. In October of 2004, Pelham's second CERT Team became active. CERT III training began in May 2005.

The Pelham Community Emergency Response Team (CERT) program helps train people to be better prepared to respond to emergencies in our Town. When emergencies happen, CERT members can give critical support to first responders, provide immediate assistance to victims, and organize volunteers at a disaster site.



CERT members also help with community-based programs such as Old Home Day, The Pelham High School Mock Disaster, The Pelham High School Mock Car Accident, Fourth of July First Aid Station, and the Citizen's Fire Academy.

Training includes CPR, Incident Command, Basic First Aid, Fire Suppression Techniques, Disaster Preparedness, and light Search and Rescue Operations.



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The ability of a community to recover from the devastating effects of a disaster requires that citizens actively plan and participate in preparedness. By encouraging preparedness efforts, hazard identification and mitigation, CERT members can minimize the effects of a disaster and facilitate recovery.

CERT training provides community self-sufficiency through the development of response teams that can assist others by providing vital services in the absence of emergency responders, whose arrival may be delayed due to a large event.



What is CERT?

Community Emergency Response Teams or CERT is a Federal Emergency Management Agency program that helps educate citizens about hazards and trains them in lifesaving skills so that they are better prepared to respond to emergencies. Local government prepares for everyday emergencies. However, during a disaster, emergency services can be overwhelmed.

FEMA offers CERT training that is designed to help you protect yourself, your family, your neighbors and your neighborhood in an emergency situation or in the aftermath of a disaster.

What does CERT Training involve?

The Community Emergency Response Team course consists of 20 hours of training, either one night per week for seven weeks or a two and one half day course. Emergency responders, including firefighters, emergency medical and law enforcement personnel teach the classes. Classes include basic first aid, CPR and AED Training, WMD's, and Incident Command.